



“A loaf of bread was happily symbolic of our economic goals. Peace based on social justice was essential if every man and woman were to become all that he or she was capable of being, and freedom meant more than the right to express oneself and join unions; it included the right of the labouring masses to participate fully in the social, cultural and political life of the country.” Sir Randol Fawkes - *The Faith That Moved the Mountain*